To see details of specifications and operations, refer to the instruction manual:

Component identification

- Actual appearance may differ from the illustration.
- The crown has two positions when pulling it out.
- Refer also to our web page for detail of usage of the scale and bezel on the watch.

(https://www.citizenwatch-global.com/support/pdf/enhanced/e.pdf)

Setting the time

1. Pull the crown out to position 2.
   The second hand points to 0 second.

2. Rotate the crown to set the time.
   - Change of date indication shows it just became AM. Take care the time set is AM or PM.
   - Move the hands 4 or 5 minutes forward and move them back to the right time to set the time more precisely.

3. Push the crown in to position 0 in accordance with a reliable time source to finish the procedure.
   The second hand starts moving.

Setting the date indication

- Do not adjust the date indication while the watch shows 9:00 PM - 1:00 AM. Otherwise, the date indication may change incorrectly thereafter.
- Date indication adjustment is required on the first days of March, May, July, October and December.

1. Pull the crown out to position 2.

2. Rotate the crown counterclockwise to set the date indication.
   - Rotating the crown counterclockwise moves the alarm hand and changes the time of alarm setting.

3. Push the crown in to position 0 to finish the procedure.

Using the chronograph

- Measuring up to 12 hours in 1/20 second increments. As 12 hours passed, the chronograph starts measurement from 0 second again.
- The chronograph 1/20 second hand stops at the 0 second position 30 second after starting measurement and indicates measurement result as measurement is stopped.

1. Push the crown in to position 0.

2. Press and release the lower right button A.
   The second hand stops at the 0 position and becomes ready to work as the chronograph 1/20 second hand.

3. Press and release the upper right button B.
   The chronograph starts moving.
   - Start/stop: press button B.
   - Reset: press button A.
   - Be sure to reset chronograph after finishing measurement.

Adjusting the 0 position of the chronograph second hands

Adjust the positions of the chronograph second hand and the 1/20 chronograph second hand when they do not return to the 0 positions after resetting the chronograph or they settle at wrong positions due to strong shock or other causes.

1. Pull the crown out to position 2.

2. Adjust the hands to the 0 position.
   - Press button B to adjust the chronograph second hand.
   - Press button A to adjust the chronograph 1/20 second hand.
   - Pressing and holding the buttons move the hands continuously.

3. Set the time and push the crown in to position 0.

4. Press and release the lower right button A.
   The chronograph second hands return to the 0 positions. If not, repeat step 2.

Using the alarm

The alarm time is set in 12-hour basis.
- The alarm sounds as the hour hand comes to the position of the alarm hand while button C is pulled out.

1. Pull the crown out to position 1.

2. Rotate the crown clockwise to set the alarm time.
   - Rotating it counterclockwise changes date indication.

3. Push the crown in to position 0.

4. Pull the lower left button C out.

   The alarm is activated and the alarm indication hand points "ON".

To stop alarm

Push in button C.
- The alarm sounds for 15 seconds 5 times at intervals of 2 minutes and 45 seconds.

To turn the alarm on/off

Alarm on: pull out button C.
Alarm off: push in button C.