• This watch is solar-powered. Expose the dial to light and use it sufficiently charged.
• To see details of charging time, specifications and operations, refer to the instruction manual: H380 instruction manual

Component identification

Adjusting the time manually

1. Pull out the crown.
The second hand points 0 second.

2. Rotate the crown to adjust time.
   • When you rotate the crown quickly a few times, the hands will move continuously. To stop the rapid movement, rotate the crown in either direction.

3. Push in the crown in accordance with a reliable time source to finish the procedure.

Setting the time difference
You can indicate time in a different time zone without adjusting time by setting time difference.
• You can set time difference in 1-hour increments in the range of ±27 hours.

1. Push in the crown.

2. Press and release the upper right button B.
The second hand shows the time difference currently set.

3. Rotate the crown to set the time difference.

   ±0
   ±5
   +5
   ±10
   +10
   ±27
   +27

4. Press and release the upper right button B to finish the procedure.
The time with the time difference set is indicated and the second hand returns to normal movement.
• The hands return to normal movement automatically in about 60 seconds without pressing the button.

Checking the signal reception result

• This watch receives time signals from the China station every day to adjust time automatically.

1. Push in the crown.

2. Press and release the lower right button A.
The second hand moves to indicate the result of the last reception.

<table>
<thead>
<tr>
<th>Indication</th>
<th>Reception result</th>
</tr>
</thead>
<tbody>
<tr>
<td>OK</td>
<td>The reception was successful.</td>
</tr>
<tr>
<td>NO</td>
<td>The reception failed.</td>
</tr>
</tbody>
</table>

• Try signal reception following the steps in Receiving the signal manually (on-demand reception) if the last reception failed.

3. Press and release the lower right button A to finish the procedure.
The indication returns to current time.
• It returns to current time indication automatically in about 10 seconds without pressing the button.

Receiving the signal manually (on-demand reception)

• It takes 2-15 minutes to finish reception.

1. Push in the crown.

2. Press and hold the lower right button A for 2 seconds or more.
The second hand points “RX” and signal reception starts. The second hand returns to normal movement after finishing reception.

| Reception was successful | The time will be updated. |
| Reception failed         | The time is not corrected and the previously set time resumes. |

• Press and hold button A for 2 seconds or more to cancel reception.

Component identification

Actual appearance may differ from the illustration.
### Checking the reference position

1. **Push in the crown.**
2. **Press and hold the upper right button ⑧ for about 5 seconds.**
   - The hands start to move to the current reference positions stored in memory.
   - Release the button as the second hand starts to move rapidly.
3. **Check the reference position.**
   - **Correct reference positions:**
     - Hour, minute and second hands: 0 hour 00 minute 0 second
   - When the current reference position is different from the correct one, adjust the position following the steps of **Correcting the reference position.**
4. **Press the upper right button ⑧ to finish the procedure.**
   - It returns to current time indication automatically in about 2 minutes without any operation.

### Correcting the reference position

1. **Push in the crown.**
2. **Press and hold the upper right button ⑧ for about 5 seconds.**
   - The hands start to move to the current reference positions stored in memory.
   - Release the button as the second hand starts to move rapidly.
3. **Pull out the crown while the hands move to the current reference position.**
   - After pulling out the crown, wait until all the hands stop moving.
4. **Rotate the crown to adjust the hands.**
   - When you rotate the crown quickly a few times, the hands will move continuously. To stop the rapid movement, rotate the crown in either direction.
5. **Push in the crown.**
6. **Press the upper right button ⑧ to finish the procedure.**
   - It returns to current time indication automatically in about 2 minutes without any operation.