Component identification

The actual appearance of the watch may differ from the photographic images/illustrations on this instruction manual.

Winding the mainspring

This is an automatic winding mechanical watch, using a mainspring as power source. When wearing the watch, your hand’s movement rotates the oscillating weight to wind the mainspring automatically.
- When your hand’s movement is small and/or a few, winding may become insufficient.
- Once the mainspring is wound fully, the watch will run for about 42 hours.

For optimal performance, wind the mainspring frequently.
- In order to be able to use this watch for a long period of time, rotate the crown slowly so that you do not damage the watch.

Winding the mainspring manually

1. Push the crown in to position 1.
2. Rotate the crown to wind the mainspring.

- Turn the crown by rubbing it down from the back side of the watch.
- When the watch stops, turning the crown about 30 to 40 times will wind the mainspring fully.
- Turning the crown after the mainspring’s full winding does not damage the mainspring.

Adjusting the time

When the watch stops, wind the mainspring manually before setting.

1. Pull the crown out to position 2 as the second hand points 0 second.
   The second hand stops.
2. Rotate the crown to adjust the time.
   The hour/minute hands and the date indicator move together.
   - Be sure to set AM/PM correctly.
   - The date indicator does not move together when moving hands counterclockwise.
3. Push the crown in to position 0 following a certain time signal.

Adjusting the date (quick date indicator adjustment)

Adjust the date indicator on the first days of March, May, July, October and December.
- Because the watch changes the date indicator, do not execute the quick date indicator adjustment in the following time on the watch:
  Between 10:00 PM to 2:00 AM

1. Pull the crown out to position 1.
2. Rotate the crown clockwise to adjust the date.
3. Push the crown in to position 0 to finish this procedure.

Using the chronograph

This is a 12-hour chronograph.
- Pressing button ⑨ starts/stops/restarts measurement.
- To reset the chronograph, press button ⑧ while measurement stops.