### Setting the Time

#### Injuries and damage that might be caused

Care and handling instructions that should be strictly followed. Do not attempt to repair the watch by yourself, even when the case or band is damaged. Doing so may result in dropping the watch and cause injuries or damage to the watch.

#### Features

The watch is a solar-powered watch, so it is not powered by the battery. The watch can be charged by exposure to light, which means you can charge it in the light from sunlight. The watch automatically switches between solar energy charging and battery charging, depending on the conditions of use (solar-powered mode, amount of time the watch is worn and other factors).

### Guide to Charging Time

#### Precautions

- **Precautions for handling the rechargeable cell**: Use only the specified battery and charger. If a different battery or charger is used, the watch may not work properly or may be damaged.
- **Precautions for charging the watch**: Solar energy charging can be used when the watch is worn and in direct sunlight. However, charging the watch in the dark or in indirect sunlight may not be sufficient to charge the watch. When the watch is not worn, it does not charge.
- **Precautions for using the watch**: The watch may not function properly if worn in the dark or in indirect sunlight. Make sure the watch is worn in the light and that the watch face is in direct sunlight.
- **Precautions for storing the watch**: The watch should be stored in a place with a temperature between +5°C and +35°C and humidity between 30% and 80%.

### Specifications

- **Cell No.:** 40SL-55
- **Type:** Analog solar-powered watch
- **Watch:** 35 months per year accuracy
- **Temperature range:** -10°C to +40°C
- **Display:** Time, day, temperature
- **Additional functions:** Store, alarm, timer
- **Operation time:** Approx. 5 months per year
- **Battery:** Rechargeable cell, 3,010 mAh

### Instructions

**For optimal performance**

1. The watch hand will stop in the position that the dial is exposed to bright light, such as by day or by sunlight. The watch hand will not move when the watch is worn in the dark or in indirect sunlight.
2. Charge the watch in direct sunlight once a week by walking in the street for 1 hour.
3. If you are in an extended period of time, be sure to charge it daily. When the watch is worn while being exposed to continuous sunlight, it may not be charged efficiently. To charge the watch efficiently, be sure to expose the watch to direct sunlight during the day.

**Notes on charging your watch**

- **This watch uses a rechargeable cell to store electrical energy.**
- **The watch will not charge when it is worn at night.**
- **The watch hands move at 2-second intervals when the watch is charged.**
- **The watch hands move in the same manner when the watch is charged.**
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**Function and operation**

- **Time:** hours, minutes, seconds
- **Temperature:** 0°C to 40°C

**About protective stickers**

Protect the face from protective stickers before winding the watch. The watch is a solar-powered watch, so it will not charge efficiently. When the watch is exposed to direct sunlight for the first time, it may take 1 to 2 days to charge the watch.

**If the watch is sufficiently charged after the time has been set**

If the watch is insufficiently charged, the watch will function for approximately 6 months.

**When the second hand starts to advance**

When the second hand starts to advance, the watch will function for approximately 6 months.

**About band adjustment**

Do not attempt to adjust the band yourself, including the metal band (including metal links), rubber band, and leather parts of the band. This may cause damage to the watch. Do not attempt to adjust the watch as you should only do so at a designated watch repair shop.

**If the watch is sufficiently charged after the time has been set**

Note: If the second hand is stopped at the same time, it continues to count until 60 seconds.

**If the watch is insufficiently charged after the time has been set**

Note: An emergency movement is activated when the watch is insufficiently charged. Do not attempt to adjust the watch as you should only do so at a designated watch repair shop.

**When the second hand starts to advance**

When the second hand starts to advance, the watch will function for approximately 6 months.

**If the watch is insufficiently charged after the time has been set**

Note: An emergency movement is activated when the watch is insufficiently charged. Do not attempt to adjust the watch as you should only do so at a designated watch repair shop.

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