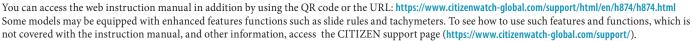
Thank you for your purchase of this Citizen watch.

Before using the watch, read this instruction manual (PDF) carefully to ensure correct use.

Caliber No. of this watch: H874





# Safety precautions — IMPORTANT

This manual contains instructions that should be strictly followed at all times not only for optimal use, but to prevent any injuries to yourself, other persons or property. We encourage you to read the entire booklet (especially, pages 10 and 11) and understand the meaning of the following symbols:

■ Safety advisories are categorized and depicted in this manual as follows:

	<b>⚠</b> DANGER		Highly likely to cause death or serious injury
⚠ WARNING Can		WARNING	Can cause serious injury or death
	$\triangle$	CAUTION	Can or will cause minor or moderate injury or damage

■ Important instructions are categorized and depicted in this manual as follows: (Following symbols are examples of Pictograms.)

(	S	Warning (caution) symbol followed by prohibited matters.			
2	<u>N</u>	Warning (caution) symbol followed by instructions that should be followed or precautions that should be observed.			

## **Features**



#### ■ Radio controlled watch

Receives time signals from one of the five signal stations in four regions in the world and automatically adjusts the time and calendar.



# ■ Eco-Drive

No periodical battery replacement is needed. This watch is fueled by light.



#### World time

Indicates the time around the world by choosing one of 24 time zones.



# ■ Moon phase indication

Indicates moon phase calculated through original algorithm, based on time and date of the watch. Switchable indication for the Northern and Southern hemisphere.



## ■ Perpetual calendar

No need for monthly and leap-year date correction until February 28, 2100.

 $\bullet$  "Eco-Drive" is an original technology of Citizen.

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# Before using this watch

The following three operations must be done before using the watch:

- 1 Checking the current power reserve (page 3)
- 2 Setting the time zone (page 3)
- 3 Checking the reception result of the time signal (page 5)



This watch has a rechargeable cell which is charged by exposing the dial to light.

Expose the dial to direct sunlight regularly to charge the watch. For details of charging, see page 8.

# **Band adjustment**

We recommend seeking the assistance of an experienced watch technician for sizing of your watch. If adjustment is not done correctly, the bracelet may unexpectedly become detached leading to loss of your watch or injury (excluding products containing the band adjustment tool).

Consult an authorized service center. Other shops may charge for, or may not provide, the service.

#### **Protective stickers**

Be sure to remove any protective stickers that may be on your watch (case back, band, clasp, etc.). Otherwise, perspiration or moisture may enter the gaps between the protective stickers and the parts, which may result in a skin rash and/or corrosion of the metal parts.

#### How to use a specially designed crown/button

Some models are equipped with a specially designed crown and/or push button to prevent accidental operation.

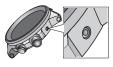
#### Screw down crown/button

Unlock the crown/button prior to operate your watch.

	Unlock	Lock
Screw down crown	Rotate the crown counterclockwise until it releases from the case.	Push the crown in to the case. With gentle pressure towards the case, rotate the crown clockwise to secure it to the case. Be sure to tighten firmly.
Screw down push button	Rotate the locking screw counterclockwise, and loosen until it stops.	Rotate the locking screw clockwise, and tighten firmly.

#### Recessed button

Press the button with a non-marring narrow-tipped object.

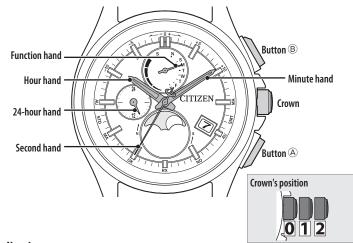


• Metal objects may cause marring or scratching of the button.

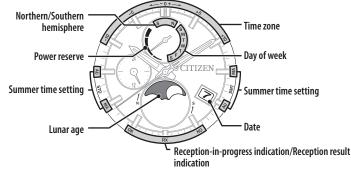
# **Component identification**

• The illustrations in this instruction manual may differ from the actual appearance of your watch.

#### Hands and buttons



#### **Indication**



• A solar cell is placed under the dial.



# **Checking the power reserve**

For details of charging, see "Charging your watch" (page 8).

- 1 Push the crown in to position 0.
- **2** Press and release the lower right button **A**.

The function hand indicates the power reserve in levels.

- 3 Press and release the lower right button A to finish the procedure.
  - The hand returns to normal indication automatically in 10 seconds without pressing the button.

#### ■ Indication of power reserve in levels

Level	3	2	1	0	
Power reserve indication					
Duration (approx.)	180 - 130 days	130 - 70 days	70 - 2 days	2 days	
Meaning	Power reserve is sufficient.	Power reserve is OK.	Power reserve is getting low.	Insufficient charge warning has started.	
	OK for normal use		Charge immediate	ely.	

 The function hand always indicates power reserve while power reserve level is "1" or "0".

# **World time**

This watch can indicate the time around the world according to which of 24 time zones (offsets from UTC — Coordinated Universal Time) is chosen.

• Signals to receive are different depending on the time zone you set.

## Checking the time zone setting

#### 1 Pull the crown out to position 1.

The second hand indicates the current time zone setting. Ex: when +9 is set as the time zone



• For time zones and positions of the second hand corresponding to them, see the table.

#### **2** Push the crown in to position 0 to finish the procedure.

The watch returns to normal indication.

# Changing the time zone setting

#### 1 Pull the crown out to position 1.

The second hand indicates the current time zone setting.

#### 2 Rotate the crown to select a time zone.

- For time zones and positions of the second hand corresponding to them, see the table.
- The hands and indication move as you select a different one from the current one.

## **3** Push the crown in to position 0 to finish the procedure.

The watch returns to normal indication.

#### Correspondence of time zones and positions of the second hands

Second hand position	Time zone	Signal station
49	-11	
50	-10	◆United States
51	-9	
52	-8	
53	-7	United States
54	-6	Officed States
55	-5	
56	-4	◆United States
57	-3	•Onlied States
58	-2	
59	-1	◆Germany
0	0	Commonw
1	+1	Germany
2	+2	
3	+3	◆Germany
4	+4	
5	+5	
6	+6	◆China
7	+7	
8	+8	China
9	+9	Japan
10	+10	
11	+11	◆Japan
12	+12	

- Values on the "Time zone" column mean time difference between UTC and the standard time of time zones.
- Time zones whose "Signal station" has mark in the table are out of reception range and cannot receive its signals. Switching between summer time and standard time must be executed manually there.
- It may be difficult to receive the time signal properly under certain environmental conditions which prevent signals to reach.



# **Summer time**

#### About summer time

Summer time is a system adopted in some countries/areas to gain an extra daylight during summer.

- The summer time period varies depending on the country or area.
- The summer time rules may change depending on the country or area.

#### About summer time setting

- The standard time signals contain summer time signals, which tells it is summer time or not now.
- This watch can change summer time/standard time indication automatically by receiving summer time signals.
- You can set summer time on or off for each time zone.

# Checking the summer time setting

#### 1 Pull the crown out to position 2.

The second hand indicates the current summer time setting. Ex.: "SMT AU" is set



	tion of the nd hand	Time currently indicated	Switching summer time and standard time
SM	IT MA		
<u>Citiz</u>	ZEN S		Manual • Summer time is always indicated regardless what summer time signals tell.
SN	IT AU	Summer time	Automatic
CITIZ S S	ZEN S		When summer time signals tells it is not summer time, the watch automatically indicates standard time and setting status switches to STD AU.
ST	STD MA	Standard time	Manual • Standard time is always indicated regardless what summer time signals tell.
ST	D AU	Standard time	Automatic
AU STD MALE	12		When summer time signals tells it is summer time, the watch automatically indicates summer time and setting status switches to <b>SMT AU</b> .

#### **2** Push the crown in to position 0 to finish the procedure.

The watch returns to normal indication.

## Changing the summer time setting

When standard time signals are available and automatic switching is preferable	$\rightarrow$	Choose "SMT AU" or "STD AU".
When standard time signals are not available and summer time is adopted	$\rightarrow$	Choose "SMT MA" or "STD MA". Change the setting to "SMT MA" when summer time starts and to "STD MA" when summer time ends.
When summer time is not adopted	$\rightarrow$	Choose "STD MA".

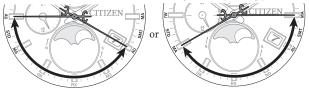
#### Switching summer time and standard time

#### 1 Pull the crown out to position 2.

The second hand indicates the current summer time setting.

#### **2** Rotate the crown to select time to be indicated.

• When you rotate the crown, the setting switches from "SMT" to "STD" or from "STD" to "SMT" and time indicated changes correspondingly.



# **3** Push the crown in to position $\bigcirc$ to finish the procedure.

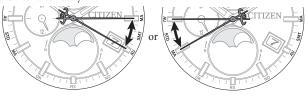
The watch returns to normal indication.

#### ■ Changing the way to switch summer time and standard time

#### 1 Pull the crown out to position 2.

The second hand indicates the current summer time setting.

## 



# 3 Push the crown in to position 0 to finish the procedure.

The watch returns to normal indication.

#### For users in North America and Europe

In time zones on the following table, receiving summer time signals in one of them automatically changes indication to summer time/standard time in the other zones covered by the same signal station.

 Nevertheless, if you change the summer time setting to "SMT MA" or "STD MA" in a time zone, the watch does not change indication automatically in the zone even after receiving summer time signals.

Signal station	Time zone
United States	-9/-8/-7/-6/-5
Germany	-1/0/+1/+2

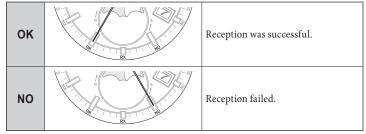
# Receiving the time signal

## Checking the previous signal reception result

## 1 Push the crown in to position 0.

#### Press and release the lower right button A.

The second hand indicates the result of the last signal reception.



- Press the button again to return to normal indication. The hand returns to normal indication automatically in 10 seconds without pressing the button.
- If you had operated the crown after the previous signal reception, the second hand points "NO" regardless the reception result.

# Receiving the time signal manually

- It takes 2 30 minutes to finish signal reception.
- 1 Push the crown in to position 0.
- **2** Press and hold the lower right button (A) for 2 seconds.

The second hand indicates the result of the last signal reception.

After that, the second hand points "RX" and signal reception starts.

- Put the watch in the place with good conditions for time signal reception.
  - Do not move the watch as far as possible while the second hand points "RX".
  - The watch returns to normal indication after the reception finished.

#### ■ To cancel signal reception

Pressing and holding the lower right button (a) for 2 seconds while the second hand points "RX" cancels signal reception and the watch returns to normal indication.

# Moon phase indication

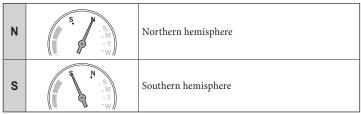
#### Choosing a hemisphere

Waxing and waning of the moon look different depending whether you are in the Northern or the Southern hemisphere. Change the hemisphere setting according to the place where you use this watch.

 When using in a place near the equator, choose "N" if the moon is found in the southern sky; choose "S" if found in the northern sky.

#### 1 Pull the crown out to position 1.

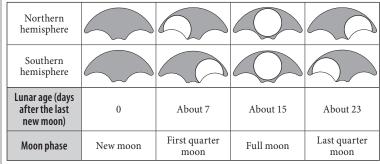
The function hand points the current setting.



# **2** Press and release the upper right button ${\mathbb B}$ .

- Each time you press the upper right button <sup>®</sup>, the setting changes alternately.
- **3** Push the crown in to position o to finish the procedure.

#### How to read moon phase indication



• The moon phase indication does not represent detailed form of the moon. Please use the indication only as a reference for moon phase.

#### Calibrating moon phase indication

When you find difference between moon phase indication and actual appearance, you can adjust the indication within the range of  $\pm 2$  days.

 It is recommended that the calibration is executed at a new moon or full moon, at which you can distinguish moon phase easily.

## 1 Pull the crown out to position 1.

The function hand points the current hemisphere setting.

#### **2** Press and hold the lower right button (A) for 2 seconds.

- Each time you press and hold the lower right button (a) for 2 seconds, moon phase indication is adjusted as below.
  - $+1 \rightarrow +2 \rightarrow -2 \rightarrow -1 \rightarrow \pm 0 \rightarrow \text{(back to the top)}$
- $\bullet$  Press the lower right button A and release immediately to reset calibration value to +0.
- **3** Push the crown in to position 0 to finish the procedure.

# **About signal reception**

#### Types of signal reception

There are three ways to receive the time signal.

Type	Use
Automatic reception	The watch receives time signals once a day automatically.
Manual reception (On demand reception)	You can perform signal reception manually when required.
Recovery automatic reception	The watch automatically receives time signals when it is charged enough after it stopped due to insufficient charge.

- Even when this watch receives the signal successfully, the accuracy of the displayed time will be dependent on the reception environment and internal processing.
- This watch keeps  $\pm 15$ -second monthly accuracy even if no time signal is received.

# When receiving the time signal

Take off the watch with pushing the crown in to position ① and place it on a stable surface where it can receive the signal better, such as next to a window.

- When wire glass is used for the window, open it or change the reception place.
- The reception antenna is located at the 9:00 position of the watch. Place the watch with the 9:00 position facing toward the station.
- Do not move the watch during time signal reception.
- When the second hand is moving once every two seconds (during insufficient charge warning), time signal reception is not executed. Charge the watch before trying reception.



# Poor reception areas

It may be difficult to receive the time signal properly under certain environmental conditions or in areas susceptible to radio noise.

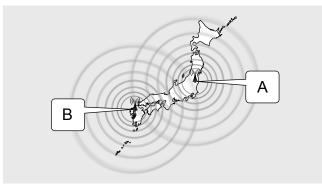
- Extremely hot or cold locations
- Inside vehicles
- Electrical appliances and OA equipment
- Near high-voltage electric cables, railway overhead cables, airports (transmission facilities)
- Inside reinforced concrete buildings, between tall buildings, mountains, or underground
- Near mobile phones or smartphones that are in use

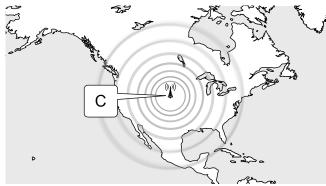
# Note on the time signal

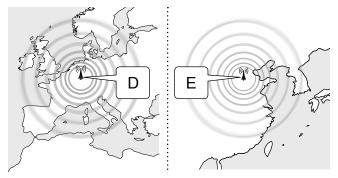
This watch receives time signals from the five signal stations located in four regions in the world to adjust time, calendar and moon phase indication automatically.

	Signal stations	Kind of the time signal	Receivable distance
1	A Fukushima station (Japan)	IIV	Approx. 1500km
E	<b>3</b> Kyushu station (Japan)	JJY	Approx. 2000km
(	Fort Collins station (Denver, United States)	WWVB	Approx. 3000km
I	Mainflingen station (Germany)	DCF77	Approx. 1500km
	Shangqiu station (Henan, China)	BPC	Approx. 1500km

• The distance of receivable range is only used as an approximate value. The receivable range is often affected by the following conditions: receiving environment, time, weather, (lightning), and so on.









# Adjusting the time and calendar manually

#### **1** Pull the crown out to position $\boxed{1}$ .

The second hand indicates the current time zone setting.



## 2 Press and hold the upper right button ® for 2 seconds or more.

The second hand points 23 seconds.



# 3 Pull the crown out to position 2.

The second hand points 0 second and the minute hand slightly moves.



#### 4 Press and release the upper right button ® repeatedly to change the hand/ indication to be corrected.

- Each time you press the upper right button ®, the target changes as follows:
   Hour/minute → date → day of week → year/month for calendar → year for moon phase → (back to the top)
- The hands and indications slightly move when selected to show they become adjustable.

## 5 Rotate the crown to adjust the hand/indication.

- The hour, minute and 24-hour hands move synchronously.
- Check AM/PM referring to the 24-hour hand.
- Date indication changes to the next as the function hand rotates 5 times.
- When you rotate the crown quickly a few times, the hands and date indication
  will move continuously. To stop the rapid movement, rotate the crown in either
  direction.

#### 6 Repeat steps 4 and 5.

#### 7 Push the crown in to position in accordance with a reliable time source to finish the procedure.

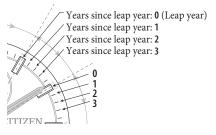
# Setting of month and year for the calendar

Set the year and month for the calendar with the position of the second hand to indicate date and days of week correctly.

"Month" corresponds to one of the 12 zones shown in the figure below. Each number means month.



"Year" corresponds to the years since leap year and is indicated with markers in the zone of each month.



	Year			Years since leap year	Second hand position
2020	2024	2028	2032	<b>0</b> (Leap year)	Hour marker
2021	2025	2029	2033	1	1st min. marker
2022	2026	2030	2034	2	2nd min. marker
2023	2027	2031	2035	3	3rd min. marker

## Ex.: Position of the second hand when setting June 2023

You can find that the years since leap year of 2023 is "3" from the table and the second hand must be set to the 3rd minute marker of June zone.



# Setting of year for moon phase

Set the year for moon phase with the position of the second hand to indicate moon phase correctly.

Year	Second hand position	Year	Second hand position	Year	Second hand position
2023	17	2031	6	2039	14
2024	18	2032	7	2040	15
2025	0	2033	8	2041	16
2026	1	2034	9	2042	17
2027	2	2035	10	2043	18
2028	3	2036	11	2044	0
2029	4	2037	12	2045	1
2030	5	2038	13	2046	2

 For 2047 and after, set the year following the 19-year cycle you can find on the table above.

# Ex.: Position of the second hand when setting 2023

You can find that the second hand must be set to 17 seconds on the table.



# **Charging your watch**

This watch has a solar cell under the dial and stores the power generated by the cell in its built-in rechargeable cell.

The cell is charged by exposing the dial to light such as direct sunlight or fluorescent lamps.

For optimal performance, be sure to:

- Put the watch in a location where the dial is exposed to bright light such as by the window even when it is not used.
- Expose its dial to direct sunlight for 5 or 6 hours at least every week.
- Avoid leaving it in dark places for long periods of time.

#### CAUTION

- Do not charge the watch at a high temperature (about  $60^{\circ}$ C ( $140^{\circ}$ F) or higher) as doing so may cause movement malfunction.
- If the watch is obscured from light by long sleeves frequently, supplemental charging may be needed to ensure continual operation.
- The watch stops charging automatically after finishing (overcharging prevention function). The function prevents damage to performance of the watch and rechargeable cell due to overcharging.

# When the watch reaches a low charge state (insufficient charge warning function)

When the power reserve becomes low, the second hand moves once every two seconds. This is the insufficient charge warning function. Be sure to fully charge your watch immediately as outlined below.



- When the watch is sufficiently charged, the second hand will move normally.
- If you do not charge the watch for 2 days or longer after the insufficient charge warning movement has begun, the watch will be depleted of all power and stop.

# During the insufficient charge warning state

The time and date are indicated correctly. However, other functions of the watch will not be available for use.

# Charging time by environment

Below are the approximate charging times when exposing to light continuously. Please use this table as a reference only.

		Charging time (approx.)					
Environment	Illuminance (lx)	To work for one day	To start working normally when the cell is discharged	To become fully charged when the cell is discharged			
Outdoors (sunny)	100,000	2 minutes	2.0 hours	40 hours			
Outdoors (cloudy)	10,000	11 minutes	2.0 hours	50 hours			
20 cm (7- 7/8 inches) away from a 3,000 fluorescent lamp (30 W)		40 minutes	4.0 hours	-			
Interior lighting	500	4.0 hours	17 hours	-			

• Exposing to direct sunlight is recommended to charge your watch. A fluorescent lamp or interior lighting does not have sufficient illumination to charge the rechargeable cell efficiently.

# ■ Duration without additional charging after charging the watch fully

About 6 months

#### Power save function

The hands stop automatically to save power when the watch has been kept in a dark place for a certain period of time and it cannot generate power.

- The watch works normally even while saving power. However, signal reception is not executed.
- $\bullet$  The power save function is not activated when the position of the crown is  $\boxed{1}$  or  $\boxed{2}.$

## ■ Canceling the power save function

The power save status ends and the hands return to normal indication as the watch is operated or the dial is exposed to light and power generation starts.

# Troubleshooting

#### Cannot receive time signals

Symptom Remedies			
	Charge the watch previously if required.	8	
The second hand does not point	Push the crown in to position 0.		
"RX".	Check the current reference position of the hands of the watch and correct it if needed.		
	Check the time zone setting.	3	
Reception result	Check areas where time signals are receivable.	6	
indicated is " <b>NO</b> " after reception.	Remove the watch and place it on a stable surface where it can receive the signal better, such as next to a window facing the signal station.	6	

#### ■ Movement of a hand seems strange

Symptom	Remedies			
The second hand moves once every two seconds.	Insufficient charge warning function is active. Power reserve of the watch is nearly empty. Charge immediately.	8		
The second hand does not move.	Push the crown in to position ①.	-		
No hands move.	Charge the watch under direct sunlight until the second hand moves normally.	8		
The hands start quick movement suddenly.	The power save function is canceled. Wait until the current time and calendar are displayed.	8		

#### ■ Time/calendar is abnormal.

Symptom Remedies				
	Check the time zone setting.			
	Check the summer time (DST) setting.			
Time/calendar is incorrect.	Receive the signals to adjust the time and calendar.			
	Adjust the time and calendar manually.			
	Check and correct the reference position of the hands.	9		
Time/calendar becomes incorrect soon after manual adjustment.	Check and correct the reference position of the hands.			
	Check the hemisphere setting.			
Moon phase	Receive the signals to adjust the time and calendar.			
indication is	Adjust the time and calendar manually.			
incorrect.	Check and correct the reference position of the hands.			
	Calibrate moon phase indication manually.	5		
Summer time and the standard	Change the summer time setting to "SMT AU" or "STD AU" and execute signal reception.	4		
time do not switch automatically.	Execute signal reception in a place where it is summer time.	5		
The standard time	Receive the time signal manually.			
is indicated though it is summer time.	Change the summer time setting to "SMT MA".	4		
Summer time is indicated though	Receive the time signal manually.			
it is not summer time.	Change the summer time setting to "STD MA".			



# Checking and correcting the reference position

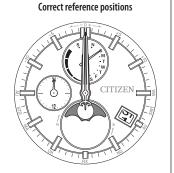
If the time or calendar is not shown correctly even after proper reception of the time info, check whether the reference position is correct.

 If the hands and indication do not reflect the correct reference position, the time and calendar will not be indicated accurately even if the time info is received.

#### What is the reference position?

The base position of all hands and calendar to properly indicate the various functions of this watch.

- Moon phase indication: Full moon
- Function hand: "S" (Sunday)
- Date indication: midway between "31" and "1"
- Hour, minute and second hands: 0 hour 00 minute 0 second
- · Position of the 24-hour hand: "24"



#### 1 Push the crown in to position 0.

#### 2 Press and hold the upper right button (B) for 10 seconds or more.

The hands and indication start to move to the current reference positions stored in memory.

• Release the button as the hands start to move.

## 3 Check the reference positions of them referring to the illustration above.

	•
Correct	Press and release the upper right button <sup>®</sup> to finish the procedure.
Wrong	Proceed to step 4 and correct the reference position.

#### 4 Pull the crown out to position 2.

The moon phase indication slightly moves and reference position of the indication becomes adjustable.



#### 5 Press and release the upper right button ® repeatedly to change the hand/ indication to be corrected.

- Each time you press the button, the target changes as follows:
   Moon phase indication → function hand/date indication → hour, minute and 24-hour hands → second hand → (back to the top)
- The hands and indications slightly move when selected to show they become adjustable.

#### 6 Rotate the crown to adjust the hand/indication.

- The hour, minute and 24-hour hands move synchronously.
- Rotate the crown clockwise to adjust reference position of the function hand and date indication.
- Date indication changes to the next as the function hand rotates 5 times.
- When you rotate the crown quickly a few times, the hand/indication will move continuously. To stop the rapid movement, rotate the crown in either direction.

#### 7 Repeat steps 5 and 6.

# **8** Push the crown in to position $\overline{0}$ .

#### **9** Press and release the upper right button <sup>®</sup> to finish the procedure.

The watch returns to normal indication.

#### Resetting the watch - All Reset

When the watch does not work properly, you can reset all the settings. If the power reserve is insufficient, charge the watch first.

Be sure to perform the following operations after All Reset.

#### 1 Correct the reference positions.

After All Reset, the watch is in the reference position adjustment mode. Refer to step 5 and after on page 9.

# 2 Set the time zone.

See page 3.

#### 3 Adjust the time and calendar.

When adjusting them by receiving signals manually → page 5 When adjusting them manually → page 7

## 1 Pull the crown out to position 2.

The second hand and the function hand indicate the summer time setting and power reserve respectively.



# 2 Press and hold buttons (A) and (B) at the same time for 4 seconds or more and release them.

The hands and indication start moving and All Reset is executed. Wait until movement of the hands and indication stops.

#### ■ The setting values after All Reset

Time	0:00:00 AM			
Month and year for the calendar	January of the second year since a leap year (second hand position: 7 seconds)			
Date	1			
Day of week	S (Sunday)			
World time	Time zone 0			
Summer time	"STD AU" at all time zone			
Northern/Southern hemisphere	Northern hemisphere			
Year for moon phase	2010 (second hand position: 4)			
Lunar age	15 (full moon)			
Calibration value for moon phase indication	±0			



# **Eco-Drive watch handling precautions**

#### <Always Make Sure to Recharge Frequently>

- Long sleeves may inhibit light transmission to your watch. This may result in your watch loosing charge. In these cases supplemental charging may be necessary.
- When you take off the watch, try to place it in as bright a location as possible. This will ensure
  optimal operation.

# **ACAUTION** Recharging Precautions

- Do not charge the watch at a high temperature (about 60°C (140°F) or higher) as doing so may cause the movement to malfunction.
   Ex.:
- -Charging the watch too close to a light source which generates a large amount of heat such as an incandescent lamp or halogen lamp. When charging under an incandescent lamp, be sure to leave 50 cm (19-11/16 inch) or more between the lamp and the watch to avoid exposing the watch to excessive heat.
- Charging the watch in a location where the temperature may become extremely high such as on the dashboard of a vehicle.



#### <Replacement of Rechargeable Cell>

• This watch utilizes a special rechargeable cell that does not require periodical replacement. However power consumption may increase after using the watch for a number of years due to wear of internal components and deterioration of oils. This may cause stored power to be depleted at a faster rate.

# WARNING Handling of Rechargeable Cell

- The rechargeable cell should never be removed from the watch. If for any reason it becomes necessary
  to remove the rechargeable cell from the watch, keep out of the reach of children to prevent accidental
  swallowing. If the rechargeable cell is accidentally swallowed, consult a doctor immediately.
- Do not dispose of the rechargeable cell with ordinary garbage. Please follow the instructions of your municipality regarding collection of batteries to prevent the risk of fire or environmental contamination.

# **!** WARNING Use Only the Specified Battery

Never use a battery other than the rechargeable cell specified for use in this watch.
 Although the watch structure is designed so that it will not operate when another type of battery is installed, if a conventional watch battery or other type of battery is installed in the watch and the watch is recharged, there is the risk of overcharging which may cause the battery to rupture. This can cause damage to the watch and injury to the wearer. When replacing the rechargeable cell, always make sure to use the designated rechargeable cell.

# **Water resistance**

# WARNING Water resistance

- Refer to the watch dial and/or the case back for the indication of the water resistance of your watch. The following chart provides examples of use for reference to ensure that your watch is used properly. (The unit "1bar" is roughly equal to 1 atmosphere.)
- • WATER RESIST(ANT)  $\times\!\times\!$  bar may also be indicated as W.R.  $\!\times\!\times\!$  bar.
- Non-water resistant models are not designed to come into contact with any moisture. Take care not to expose a watch with this rating to any type of moisture.
- Water resistance for daily use (to 3 atmospheres) means the watch is water resistant for occasional accidental splashing.
- Upgraded water-resistance for daily use (to 5 atmospheres) means that the watch may be worn while swimming, but is not to be worn while skin diving or scuba diving.
- Upgraded water-resistance for daily use (to 10/20 atmospheres) means that the watch may be worn while skin diving, but not while scuba diving or saturated diving using helium gas.

	Indication		Water-related use					
Name	Dial or Case back	Specification	Minor exposure to water (washing face, rain, etc.)	general	Skin diving, marine sports	Scuba diving using an air tank	Saturation diving using helium gas	Operate the crown or button when the watch is wet
Non-water resistant	-	Non-water resistant	NO	NO	NO	NO	NO	NO
Everyday-use water resistant watch	WATER RESIST	Water- resistant to 3 atmospheres	ОК	NO	NO	NO	NO	NO
Upgraded everyday use	W. R. 5 bar	Water- resistant to 5 atmospheres	ок	ОК	NO	NO	NO	NO
water resistant watch	W. R. 10 bar W. R. 20 bar	Water-resistant to 10 and 20 atmospheres	ОК	ок	ок	NO	NO	NO

# Precautionary items and usage limitations

# **AUTION** To Avoid Injury

- Be particularly careful when wearing your watch while holding a small child, to avoid injury.
- Be particularly careful when engaged in strenuous exercise or work, to avoid injury to yourself and others.
- Do NOT wear your watch while in a sauna or other location where your watch may become excessively
  hot, since there is the risk of burns.
- Be careful when putting on and taking off your watch, since there is a risk of damaging your fingernails, depending on the manner in which the band is fastened.
- Take off your watch before going to bed. It may cause an unexpected injury or a rash.

#### ! CAUTION Precautions

- Always use the watch with the crown pushed in (normal position). If the crown is of the screw lock-type, make sure it is securely locked.
- Do not operate (use the crown and/or buttons) the watch when it is wet. Water may enter the watch causing damage to vital components.
- If water enters the watch or the watch fogs up and does not clear up even after a long time, consult your dealer or an authorized service center for inspection and/or repair.
- · Even if your watch has a high level of water resistance, please be careful of the following.
- If your watch is immersed in sea water, rinse thoroughly with fresh water and wipe with a dry cloth.
- Do not pour water from a tap directly onto your watch.
- Take off your watch before taking a bath.
- If seawater enters the watch, place the watch in a box or plastic bag and immediately take it in for repair.
   Otherwise, pressure inside the watch will increase, and parts (crystal, crown, push button, etc.) may come off.

# **!**CAUTION When Wearing Your Watch

#### <Band>

- Leather bands and rubber (urethane) bands will deteriorate over time due to perspiration or dirt. In addition, they are made of natural material and will be worn, deformed and discolored over time. It is recommended to replace the band periodically.
- The durability of a leather band may be affected when wet (fading, peeling of adhesive), owing to the properties of the material. Moreover, wet leather may cause a rash.
- Do not stain a leather band with substances containing volatile materials, bleach, alcohol (including cosmetics). Discoloration and premature aging may be occurred. Ultraviolet light such as direct sunlight may cause discoloration or deformation.
- It is recommended to take off the watch if it gets wet, even if the watch itself is water-resistant.
- Do not wear the band too tightly. Try to leave enough space between the band and your skin to allow
  adequate ventilation.
- The rubber (urethane) band may be stained by dyes or soil present in or on clothing or other accessories.
   Since these stains may not be removable, caution is required when wearing your watch with items that tend to easily transfer color (articles of clothing, purses, etc.). In addition, the band may be deteriorated by solvents or moisture in the air. Replace with a new one when it has lost elasticity or become cracked.
- Please request adjustment or repair of the band in the following cases:
- You notice an abnormality with the band due to corrosion.
- The pin of the band is protruding.
- We recommend seeking the assistance of an experienced watch technician for sizing of your watch. If
  adjustment is not done correctly, the bracelet may unexpectedly become detached leading to loss of your
  watch or injury (excluding products containing the band adjustment tool).
- Consult an authorized service center. Other shops may charge for, or may not provide, the service.

#### <Temperature>

• The watch may stop or the function of the watch may be impaired in extremely high or low temperature. Do not use the watch in places where the temperature is outside the operating temperature range as stated in the specifications.

#### <Magnetism>

Analog quartz watches are powered by a step motor that uses a magnet. Subjecting the watch to strong
magnetism from the outside can cause the motor to operate improperly and prevent the watch from
keeping time accurately.

Do not allow the watch to come into close proximity to magnetic health devices (magnetic necklaces, magnetic elastic bands, etc.) or the magnets used in the latches of refrigerator doors, clasps used in handbags, the speaker of a cell phone, electromagnetic cooking devices and so on.

#### <Strong Shock:

Avoid dropping the watch or subjecting it to other strong impact. It may cause malfunctions and/or
performance deterioration as well as damage to the case and bracelet.

#### <Static Electricity>

• The integrated circuits (IC) used in quartz watches are sensitive to static electricity. Please note the watch may operate erratically or not at all if exposed to intense static electricity.

#### <Chemicals, Corrosive Gasses and Mercury>

• Do not use the watch in environment with chemicals or corrosive gasses. If paint thinner, benzene or other solvents or products containing these solvents (including gasoline, nail-polish remover, cresol, bathroom cleaners and adhesives, water repellent, etc.) are allowed to come into contact with the watch, they may discolor, dissolve or crack the materials. Be careful when handling these chemicals. Contact with mercury such as that used in thermometers may also cause discoloration of the band and case.

#### <Protective Stickers

Be sure to remove any protective stickers that may be on your watch (case back, band, clasp, etc.).
 Otherwise, perspiration or moisture may enter the gaps between the protective stickers and the parts, which may result in a skin rash and/or corrosion of the metal parts.



# CAUTION Always Keep Your Watch Clean

- Rotate the crown while it is pressed in fully and press the buttons periodically so they do not become stuck due to accumulations of foreign matter.
- The case and band of the watch come into direct contact with the skin. Corrosion of the metal or
  accumulated foreign matter may result in black residue coming from the bracelet when exposed to
  moisture or perspiration unnoticed soiling such as that caused by perspiration. Be sure to keep your watch
  clean at all times.
- The case and band of the watch come into direct contact with the skin. In rare circumstances, accumulated dirt, foreign matter may cause irritation with the skin. If you think there is something wrong, discontinue wearing the watch immediately and consult your physician. In the case of accumulation of sweat or dirt on a metal band or case, clean thoroughly using a brush and neutral detergent. In the case of a leather or rubber (urethane) band, wipe clean using a dry cloth.
- Leather bands may become discolored by perspiration or dirt. Always keep your leather band clean by wiping with a dry cloth.

#### **Caring for Your Watch**

- Wipe any dirt or moisture such as perspiration from the case and crystal with a soft cloth.
- For a metallic, plastic or rubber (urethane) watchband, wash any dirt off with water. Remove the small amounts of dirt trapped between the crevices of the metallic band with a soft brush.
- For a leather band, wipe off dirt using a dry cloth.
- If you will not be using your watch for an extended period of time, carefully wipe off any perspiration, dirt or moisture and store in a proper location, avoiding locations subject to excessively high or low temperatures and high humidity.

#### When Luminous Paint is used for your watch

The paint on the dial and hands helps you with reading the time in a dark place. The luminous paint stores light (daylight or artificial light) and glows in a dark place.

It is free from any radioactive substance or any other material harmful to a human body or environment.

- The light emission gradually becomes weaker as time passes
- The duration of the light ("glow") will vary depending on the brightness, types of and distance from a light source, exposure time, and the amount of the paint.
- The paint may not glow and/or may dissipate quickly if exposure to light was not sufficient.

# Specifications

Specification						
Model	H874 Type Analog solar-powered watch					
Timekeeping accuracy (without reception)	Average monthly accuracy: ±15 seconds when worn at normal operating temperatures between +5°C (41°F) and +35°C (95°F)					
Operating temperature range	-10°C (14°F) to +60°C (140°F)					
Display functions	<ul> <li>Time: Hours, minutes, seconds, 24-hour</li> <li>Calendar: Date, day of week</li> <li>Moon phase indication</li> </ul>					
Duration	When power res	Fully charged to fully discharged: About 6 months     When power save functions all the day: approximately 2.5 years     Power reserve upon insufficient charge warning function:     Approximately 2 days				
Battery	Rechargeab	le cell (l	ithium button cell), 1pc.			
Additional functions	Rechargeable cell (lithium button cell), 1pc.  Solar power function Overcharging prevention function Insufficient charge warning function (two-second interval movement) Power reserve indication (in four levels) Energy saving function (power save feature) Receiving time signal (automatic, on demand, automatic recovery) Signal stations: Japan (East/West)/USA/Germany/China Automatic signal station selection function (for Japan standard signals only) Confirming reception status (RX) Indicating the result of the last reception (OK/ NO) World time (24 time zones) Summer time (automatic/manual switching between summer time and standard time) Perpetual calendar (until February 28th, 2100) Automatic moon phase calculation Moon phase appearance switching function (Northern/Southern hemisphere)					

Specifications and contents are subject to change without prior notice.